

Milk Thistle



Milk Thistle Herb & Seed

Food Supplement
Standardised Extract
& Raw Herb

Equivalent to

2300 mg
High Potency

60 Vegetarian Capsules

Milk Thistle Herb and Seed (*Silybum Marianum*)

Standardised extract and raw organic herb.

No ECRDA established for this product

Ingredients One (1) vegetarian capsule provides:

Raw organic Milk Thistle herb powder	300mg
Standardised Milk Thistle Seed extract (10: 1).....	200mg
(provides 80% silymarin potency eqv. to 2300mg of raw Milk Thistle powder)	
Vegetable Cellulose capsule.....	125mg

Suitable for Vegetarians and Vegans

Solo's Milk Thistle 2300mg High Potency represents the total active herb constituents. This is equivalent in actual milligram weight of the raw organic herb and the herb extract.

Hypoallergenic formula 100% active ingredients.

Contains NO: gluten, wheat, lactose, dairy, added sugars, salt, preservative, colourings, yeast or starch.

Directions for use

As-a food supplement for adults, take one (1) vegetarian capsule daily with food or as directed by a healthcare professional.

Tamper resistant outer and cap seal for your added security. Do not use if either are broken.

Freshness and potency assured if stored in a cool dry place. Keep out of sight and reach of children. Not for use during pregnancy or lactation, unless directed by a healthcare professional.

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