

# Focus modern living



**Solo**  
NUTRITION

## Focus Complex™

Help for today's  
modern living

Food Supplement  
including Licorice  
& Rhodiola

High Potency

**60** Vegetarian Capsules

### Focus Complex™ (Formerly A.D.R. Adrenal Support)

This product was formulated in association with  
Chris Carby IHHT ICHT, Dip (Ref) DIP (Herb) Dip (Nut), VIA T.A. Th.  
of The Burrstock Clinic (01634 261322)

#### Ingredients Two (2) vegetarian capsules will provide: %ECRDA

Vegetable cellulose capsules (2).....	200mg
Vitamin B5 (calcium pantothenate).....	125mg.....2083%
Liquorice Root.....	100mg
Mexican Wild Yam.....	100mg
Pfaffia.....	100mg
Rhodiola Root.....	100mg
Schisandra Berry.....	100mg
Siberian Ginseng.....	100mg
Vitamin C (magnesium ascorbate).....	100mg.....166%
Gotu Kola.....	50mg
Zinc (citrate).....	15mg.....100%
Amylase.....	1mg
Copper.....	1mg
Lipase.....	1mg
Molybdenum.....	1mg
Protease.....	1mg
Chromium Polynicotinate.....	50ug

Suitable for Vegetarians and Vegans

Hypoallergenic formula. 100% active ingredients.

Contains NO: gluten, wheat, lactose, dairy, added sugars, salt,  
preservative, colourings or yeast.

#### Directions for use

As a food supplement for adults, take two (2) vegetarian capsules daily  
with food or as directed by a health care professional.

Tamper resistant outer and cap seal for your added security. Do not  
use if either are broken.

Freshness and potency assured if stored in a cool dry place.

Keep out of sight and reach of children. Not for use during pregnancy  
or lactation, unless directed by a healthcare professional.

Manufactured in the UK

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