

Echinacea Complex

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Food Supplement
includes vitamin C,
Golden Seal & Green Tea

One-a-day High Potency
60 Vegetarian Capsules



Echinacea Complex One-a-day special herbal blend that may help to promote a healthy immune system.

Ingredients One (1) vegetarian capsule provides: %ECRDA

Raw organic Echinacea Purpurea herb	200mg
Vitamin C (Magnesium Ascorbate)	150mg
Providing Ascorbic Acid (vitamin C) 135mg, Magnesium 15mg)	
Vegetable Cellulose capsule.....	125mg
Raw organic Golden Seal Root powder	50mg
Hesperidin complex.....	50mg
Rutin.....	50mg
Acerola P E (with 25% vitamin C)	25mg
Green Tea extract (4:1)	15mg
Zinc (citrate)	15mg
Cayenne powder	10mg
Rose Hip powder.....	6.5mg
Natural Beta Carotene/Caretenoid mix	500µg
(from Dunaliella Salina Algae) equiv. to vitamin A 83.3µg providing typical analysis:	
Beta Carotene 500µg	
Alpha Carotene 15.8µg	
Cryptoxanthin 3.9µg	
Zeaxanthin 3.2µg	
Lutein 2.5µg	

Suitable for Vegetarians and Vegans

Hypoallergenic formula 100% active ingredients.

Contains NO: gluten, wheat, lactose, dairy, added sugars, salt, preservative, colourings, yeast or starch.

Directions for use

As-a food supplement for adults, take one (1) vegetarian capsule daily with food or as directed by a healthcare professional. Tamper resistant outer and cap seal for your added security. Do not use if either are broken.

Freshness and potency assured if stored in a cool dry place. Keep out of sight and reach of children. Not for use during pregnancy or lactation, unless directed by a healthcare professional.

Manufactured in the UK
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