

# Chromium Complex

## Chromium Complex

Food Supplement  
with  
Alpha Lipoic Acid

High Potency  
60 Vegetarian Capsules



### Chromium Polynicotinate Complex

**Ingredients** One (1) vegetarian capsule provides:

Vitamin C (ascorbic acid).....	300mg	.....	500%
Vegetable Cellulose capsule.....	100mg		
Gymnema Sylvestre extract.....	25mg		
Alpha Lipoic acid.....	10mg		
Vitamin B6 (pyridoxine HCL).....	5mg	.....	250%
Chromium (polynicotinate).....	200µg		

In a natural base of vegetable magnesium stearate

Suitable for Vegetarians and Vegans.

Hypoallergenic formula 100% active ingredients.

Contains NO: gluten, wheat, lactose, dairy products, added sugars, salt, preservative, colourings, yeast or starch.

### Directions for use

As-a food supplement for adults, take one (1) vegetarian capsule daily with food or as directed by a health care professional.

Tamper resistant outer and cap seal for your added security. Do not use if either are broken.

Freshness and potency assured if stored in a cool dry place.

Keep out of sight and reach of children. Not for use during pregnancy or lactation, unless directed by a health care professional.

Manufactured in the UK

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